

Ngwo Youth Creative Forum (NYCF) & Teen's Summit

Understanding the Challenges that Hinder Success in the Pursuit of Excellence

by
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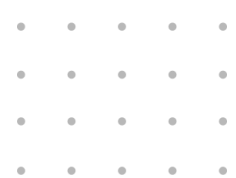
OUTLINES

What do you see?

Excellence - Understanding and
Overcoming the Challenges

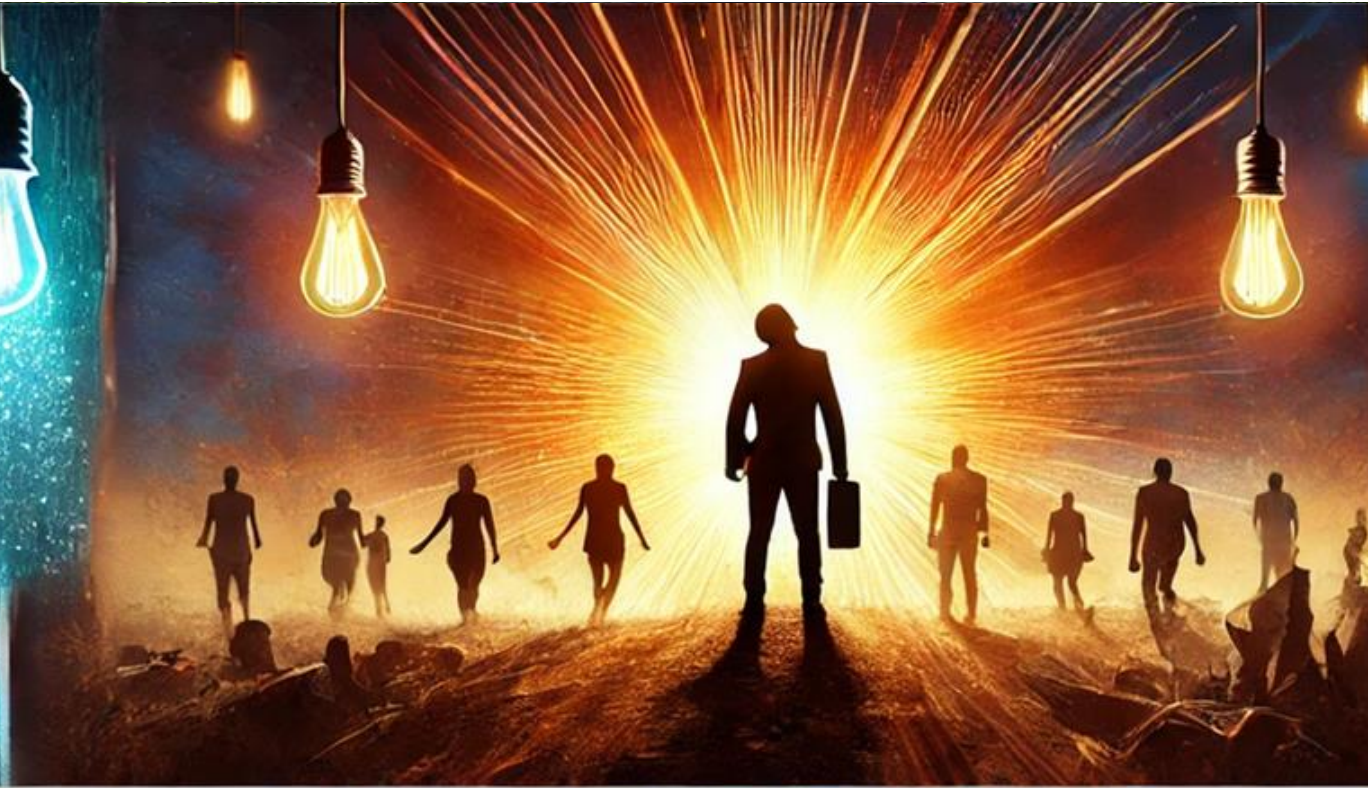
It is Possible (Personal Reflections)

What Next?

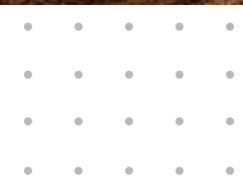


What do you see? Why? Excellence, Home and Abroad?

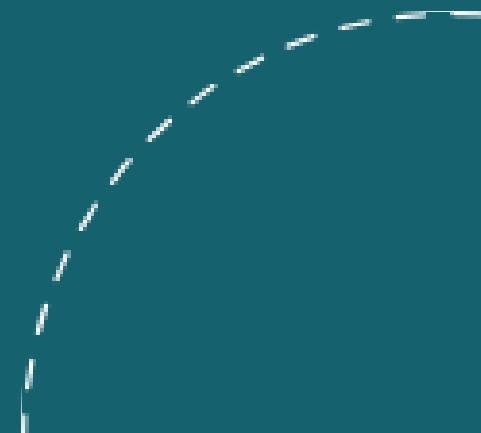
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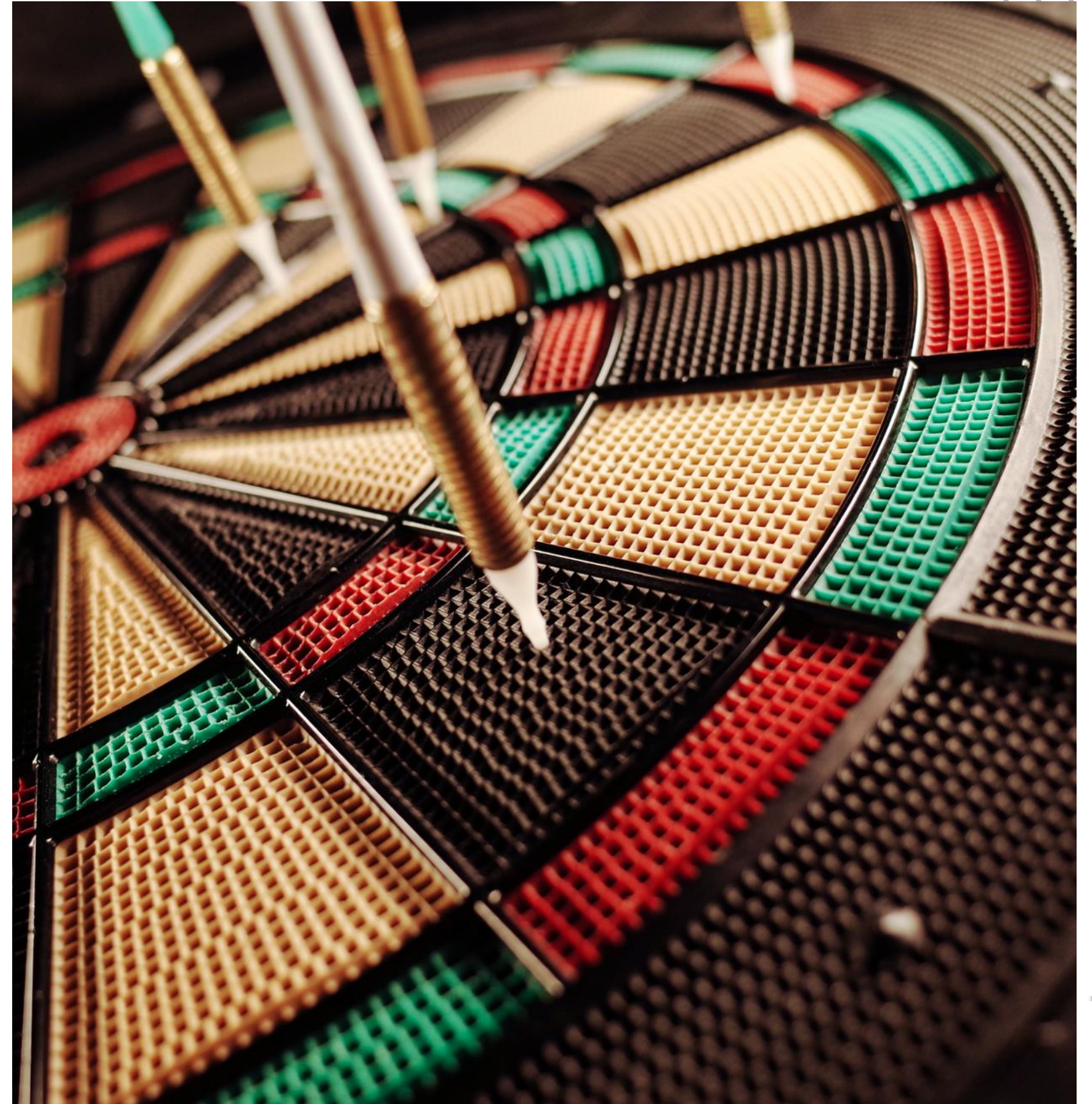
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EXCELLENCE - UNDERSTANDING AND OVERCOMING THE CHALLENGES



UNDERSTANDING EXCELLENCE

01

- The quality of being good at what you do.
- Consistency, character, standards, attitude, Believe in yourself and believe in God.
- Excellence is not perfection but it is being above average.
- When you attain a goal, let your next goal be greater than the previous.

02

- Excellence is not just about achievement but about resilience, continuous growth, and commitment

03

- Vision Board. Be committed. Focus. Be Positive. Mental readiness. Read/Study. Avoid distractions. Look beyond. Identify What you want to do and begin to build yourself. What are your values? What do you consider worthy or important?

●●● Get up - Brush up - Show up ↗



CHALLENGES THAT HINDER EXCELLENCE

- Fear of failure
- Lack of mentorship
- Distractions (social media and else)
- Limited resources and opportunities
- Negative lifestyles - drinking, smoking, casual relationships
- Poor planning and time management
- Lack of direction
- Self-doubt
- Loss of attention, depression

• Mindset What do you feed your mind with? Food? People? Social media? Friends? Drugs? Vices? or? - Lack of growth mindset -

Romans 12:2: "Do not conform to the pattern of this world, but be transformed by the renewing of your mind"

Proverbs 4:23: "Be careful what you think, because your thoughts run your life"

Romans 8:6: "The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace"

Philippians 4:13: "I can do all things through Christ who strengthens me"



Of a reality, these are no challenges to a determined mind. There are no excuses

SETBACK - A PULL FOR A COMEBACK

OVERCOMING CHALLENGES

01

- Get into three types of rooms:
 1. Prayer Room (Spiritual Room)
 2. Planning Room (Purpose Room – Goal setting) and determination)
 3. Performance Room (Action Room – Get up and show up)

02

- Develop good habits. Start by making your bed everyday you wake.
- Growth mindset
- Discipline
- Look beyond your immediate circles
- Get goals
- Have a mentor/role model
- Keep learning
- Use technology productively
- Affirm yourself daily

03

- Leap over wall
- Write down your aspirations
 - Pray - Seek help
 - Giving up is not an option
- Make a commitment to succeed

●●● Winners never quit, and quitters never win ↗



IT IS POSSIBLE!

Personal Reflections!

Success stories

Look around you and see people -
your parents, relatives, family
friends, role models, etc....



If your dream does not
scare you, then it is not big
enough



CALL TO ACTION

Step 1

Know

know that the journey to attaining excellence at any level starts with knowing who you are, what you want and the purpose you want to fulfill.

Step 2

Pursue

Pursue excellence daily. The journey of a thousand miles begins with a step. Start by making your bed everyday. Take little positive decision and learn new good habits everyday.

Step 3

Take Action

Dream big. Aim for the global stage. Shoot for the stars. Set goals. Write down your goals. Do not give up. Keep the fire burning.

TELL YOURSELF

“I AM EXCELLENT”
“I AM A GLOBAL FIGURE”
“I AM RELEVANT”
“I BELONG TO THE TOP”

THANK YOU FOR LISTENING

To Connect

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